

**WESTOVER TREATMENT CENTRE  
CO-DEPENDENCY (FAMILY) PROGRAM  
DRESS CODE**

Clients must wear clothing that is appropriate for their adherence to the treatment and therapeutic philosophy of Westover Treatment Centre. The following minimum standards shall apply:

**AT ALL TIMES:**

1. Dress or leisure shirts with sleeves *except during summer months when sleeveless blouses are permitted*. Shirts must be appropriately buttoned up. No crop tops, tank tops, tops with spaghetti straps or tee-shirts with distracting slogans or pictures are allowed.
2. Dress pants, neat jeans, skirts (not mini), dresses, casual shirts, etc. If “tights” are worn, a long top, to the mid thigh must also be worn. (No clothing with patches, tears or bleached areas; no shorts during program sessions – from 8:15 a.m. till 4:00 p.m. or during evening meetings).
3. Dress or casual shoes (no bedroom slippers may be worn during regular program sessions).
4. No bathing suits or mini skirts are to be worn at any time.
5. No hats, caps, sunglasses, etc. during any sessions.

**NOTES:**

- *Jogging suits and regular length shorts may be worn during gym and after regular program sessions ONLY.* (Regular program sessions include all Al-Anon, A.A., Al-Ateen, N.A. and Aftercare meetings)
- A robe must be worn over nightclothes when not in your bedroom.
- Modesty and good taste will guide the choice of clothing at all times.
- *During summer months* the facility is air conditioned. For your comfort include a light sweater during this period.
- In case of doubt, staff will have the final decision on the appropriateness of attire.