

**WESTOVER TREATMENT CENTRE
CO-DEPENDENCY PROGRAM**

CLIENT MEDICAL GUIDELINES

To: All Clients entering Westover

DATE: _____

Re: Policy pertaining to Drugs, Medications and Substances Containing alcohol and other mood altering Chemicals:

1. Upon arrival at Westover, relinquish to staff on duty all drugs, medications and substances containing alcohol. These include all prescription drugs, medications and over the counter drugs and medications; such as aspirin, stomach medication, vitamins, etc.
2. These drugs and medications (i.e. liquids, pills, capsules, pastes, lotions, creams, etc.) and substances containing alcohol (i.e. perfumes, after shave lotions, nail polish, mouth washes, etc.) will be listed on your individual "Medication Record" form and will then need to be approved for use.
3. These substances will be held for safekeeping and distributed as required.
4. Medication and substances declared to be contraband will be confiscated and either held for safe keeping or disposed.
5. Admittance may be denied if an illegal or prohibited drug (e.g. alcohol or other mood-altering drug) is found in a client's possession.
6. Clients will be randomly screened for alcohol/drugs and prohibited medications.
7. Clients in need of medical attention during their stay must inform their primary counsellor or other staff, who will arrange for a doctor to see them.
8. The local drug store is out of bounds for clients. Approved medication will be obtained for clients by staff.
9. Clients are not to obtain or take aspirins, or other remedies for headaches, or other stress related ailments on their own initiative.

Westover requires conscientious adherence to this policy which is meant to ensure clients' feelings of safety and is directed towards promoting a healthy, drug-free lifestyle.

I, _____ have read and understand the above policy
(Print name)

Signed: _____
Client

Signed: _____
Staff